

I Love My Love by Reyna Biddy



This book which is composed of poems describes a series of events and emotions people go through. The main audience is young girls.

Overall, I would say this book was interesting and inspirational. I rated it four stars because I genuinely enjoyed most of the poems in the book. I would recommend this book to young adults mainly young girls. This book has many meaningful poems, that reflect what a young woman would or could go through in her life. Initially, I was following Reyna on her social media platforms and I was always interested in her posts. I would occasionally listen to her audios and read her tweets. Her posts provided a sense of guidance to me and gave me motivation. Eventually she came out with her first book *I love my love* and I knew I had to get my hands on it. I responded to the message and overall theme of her poems the most. I was not surprised I liked this book since I was already familiar with her work. I could relate to many of the experiences she writes about in her poems. When I'm feeling down or having a bad day I read a few of these poems and I feel whole. I don't always want to talk to someone when I am feeling down. Turning to this book allows me to feel understood and provides some comfort to me. Even in the morning if I read some of Reyna's poems I feel like I can start my day a little better. This is probably one of the best books I've read in a while. I recommend anyone who's looking for some guidance and needs some alone time to reflect should purchase this book.

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